

Monthly Menu

Menú Mensual



King's College
The British School of Madrid



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>DAY 1</p> <p>Pasta with tomato and Basil sauce</p> <p>Hake filet and vegetables</p> <p>Fruit</p>	<p>DAY 2</p> <p>Courgettes creamy soup</p> <p>Roast Beef and mashed potatoes</p> <p>Dairy Product/Fruit</p>	<p>DAY 3</p> <p>Mixed Paella</p> <p>Saint Jacobs and salad</p> <p>Fruit/Dairy Product</p>	<p>DAY 4</p> <p>Bean stew</p> <p>Spanish omelette and tomato slices</p> <p>Fruit/Dairy Product</p>
<p>DAY 7</p> <p>NATIONAL</p>	<p>DAY 8</p> <p>NATIONAL</p>	<p>DAY 9</p> <p>Rice with tomato sauce</p> <p>Sausages and salad</p> <p>Fruta</p>	<p>DAY 10</p> <p>Cream of Potato and carrot</p> <p>Hake filet with tomato sauce and peas</p> <p>Fruit/Dairy Product</p>	<p>DAY 11</p> <p>Vegetarian Lentil soup</p> <p>Beef Meatballs</p> <p>Fruit</p>
<p>DAY 14</p> <p>Pasta Amatriciana (Tomato and bacon)</p> <p>Squid with courgettes and carrots</p> <p>Fruit</p>	<p>DAY 15</p> <p>Fish Soup</p> <p>Roast chicken and potatoes</p> <p>Fruit/Dairy Product</p>	<p>DAY 16</p> <p>Kidney Beans stew</p> <p>Beef stew with vegetables</p> <p>Fruit Cocktail/Fruit</p>	<p>DAY 17</p> <p>Soup</p> <p>Sole filet with lemon sauce</p> <p>Fruit/Dairy Product</p>	<p>DAY 18</p> <p>Apetizes</p> <p>Roast Turkey</p> <p>Three chocolate cake</p>

December 2009

Monthly Menu

Menú Mensual



King's College
The British School of Madrid



□

□

01

062

91

91

	<p>000000</p> <p>01</p> <p>01</p> <p>01</p>	<p>000000</p> <p>0000</p> <p>000000</p> <p>0000</p> <p>00</p>	<p>000000</p> <p>0000</p> <p>000000</p> <p>0000</p> <p>00</p>	<p>000000</p> <p>0000</p> <p>000000</p> <p>0000</p> <p>00</p>	<p>000000</p> <p>0000</p> <p>000000</p> <p>0000</p> <p>00</p>
02	02	0000	000000	000000	000000
00000000	0000	000000	000000	0000	0000

Diciembre 2009